<http://www.englishpage.com/verbpage/pastcontinuous.html>

**Past Continuous**

**FORM**

[was/were + present participle] / [to be + -ing]

Examples:

* You **were studying** when she called.
* **Were** you **studying** when she called?
* You **were not studying** when she called.

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| --- | --- | --- |
| **Positive** | **Negative** | **Question** |
| **I was singing.** | I was not singing. | Was I singing? |
| **You/We/They were singing.** | You/We/They were not singing. | Were you/we/they singing? |
| **He/She/It was singing.** | He/She/It was not singing. | Was he/she/it singing? |

**USE 1 Action in progress in the Past**



Use the Past Continuous to talk about actions in progress at a certain time in the past.

Examples:

* I **was watching** TV when she called.
* What **were** you **doing** when the earthquake started?
* I **was listening** to my iPod, so I didn't hear the fire alarm.
* You **were not listening** to me when I told you to turn the oven off.
* While John **was sleeping** last night, someone stole his car.
* While I **was writing** the email, the computer suddenly went off.
* A: What **were** you **doing** when you broke your leg?
B: I **was snowboarding**.
* Last night at 6 PM, I **was eating** dinner.
* At midnight, we **were** still **driving** through the desert.
* Yesterday at this time, I **was sitting** at my desk at work.